



**O.P. Jindal Global University**  
*A Private University Promoting Public Service*  
NAAC Accreditation - 'A' Grade

**JILDEE**  
JINDAL INSTITUTE OF LEADERSHIP  
DEVELOPMENT AND EXECUTIVE EDUCATION

# 5 Day Certificate Programme on Leadership Development and Stress Management for the officers of the Government of Odisha

*Organized by*  
**Jindal Institute of Behavioural Sciences (JIBS)**  
&  
**Jindal Institute of Leadership Development and  
Executive Education (JILDEE)**

**04 – 08 December 2017**

**Venue:**  
**O.P. Jindal Global University**  
**Sonipat-Narela Road, Sonipat-131001, Haryana, NCR of Delhi**



**Jindal Global Law School**  
*India's First Global Law School*



**JINDAL GLOBAL  
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INDIA'S FIRST MULTI-DISCIPLINARY GLOBAL BUSINESS SCHOOL



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**Jindal School of  
Journalism & Communication**  
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**DAY 1**  
**Monday, 04th December 2017**

8:30 am – 9:00 am      **Registration**

**Session I**  
**INAUGURAL SESSION: 8:45 am - 9:30 am**

**Introduction to the programme**      **Manjushree Palit**, Deputy Director and Assistant Professor Jindal Institute of Behavioural Sciences (JIBS), O.P.Jindal Global University

**Inaugural Address**      **Lt Gen Rajesh Kochhar (retd)**, Chief Administrative Officer & Senior Director Jindal Institute of Leadership and Executive Education (JILDEE)

**Concluding Remarks**      **Lt Col Rajat Mathur (retd)**, Deputy Director, JILDEE

**SESSION 2-3**

9:30 am – 12:15 pm      **Rajesh Kochhar**  
**Strategic Leadership**

10:45 am – 11:00 am      **Tea Break**

12:15 pm – 1:30 pm      **Lunch**

**SESSION 4-5**

1:30 pm – 4:15 pm      **Pankaj Gupta**, Professor, Jindal Global Business School (JGBS), JGU  
**Self-awareness and inner joy (1 hr 15 minutes) and Inspired inner leadership - from success to significance (1 hr 15 minutes)**

2:45 pm – 3:00 pm      **Tea break**

5:30 pm – 7:30 pm      **Games/Yoga/Pilates**

**DAY 2**  
**Tuesday, 5th December 2017**

**SESSION 6-7**

9:30 am – 12:15 pm      **Mohita Junnarkar**, Assistant Director, Jindal Institute of Behavioural Sciences (JIBS), JGU  
**Conflict Resolution**

10:45 am – 11:00 am      **Tea Break**

12:15 pm – 1:30 pm      **Lunch**

**Session 8-9**

1:30 pm – 4:15 pm      **Rakshi Rath**, Assistant Director Jindal Institute of Behavioural Sciences (JIBS), JGU  
**Creative Leadership - Imagination, Meaning, and Actions**

2:45 pm – 3:00 pm      **Tea break**

5:30 pm – 7:30 pm      **Games/Yoga/Pilates**

**DAY 3**  
**Wednesday, 6th December 2017**

**SESSION 10-11**

9:30 am – 12:15 pm      **Manjushree Palit**  
**Emotional Intelligence at Work Place**

10:45 am – 11:00 am      **Tea Break**

12:15 pm – 1:30 pm      **Lunch**

**SESSION 12-13**

1:30 pm – 4:15 pm      **Mohita Junnarkar**  
**Work-life balance, burnout, and well-being**

2:45 pm – 3:00 pm      **Tea break**

5:30 pm – 7:30 pm      **Games/Yoga/Pilates**

**DAY 4**  
**Thursday, 7th December 2017**

**SESSION 14-15**

**9:30 am – 12:15 pm**      **Manjushree Palit**  
**Stress Management**

**10:45 am – 11:00 am**      **Tea Break**

**12:15 pm – 1:30 pm**      **Lunch**

**SESSION 16-17**

**1:30 pm – 4:15 pm**      **Brajesh Kumar**, Associate Professor, Jindal Global Business School and & Deputy Director (Academic Planning and Coordination), JGU  
**Financial Management and Financial Decision Making**

**2:45 pm – 3:00 pm**      **Tea break**

**5:30 pm – 7:30 pm**      **Games/Yoga/Pilates**

**DAY 5**  
**Friday, 8th December 2017**

**SESSION 18-19**

**8:00 am – 10:30 am**      **Rajesh Chakrabarti**, Professor, Jindal Global Business School (JGBS) and Executive Vice Dean & Director-Executive MBA Programme  
**Stress Management**

**10:30 am – 10:45 am**      **Tea Break**

**SESSION 20-21**

**10:45 am – 1:15 pm**      **Rakshi Rath**  
**The Social Self - Cooperation and Resilience**

**Session 22**  
**Valedictory Session: 1:30 pm – 2:00 pm**

**Welcome Address**      **Amit Mohapatra**, Deputy Director, JILDEE

**Valedictory Address**      **Lt Gen Rajesh Kochhar (retd)**, Chief Administrative Officer & Senior Director, Jindal Institute of Leadership and Executive Education (JILDEE)

**Closing Address**      **Lt Col Rajat Mathur**, Deputy Director, JILDEE

**2:00 pm – 3:00 pm**      **Lunch**

**3:00 pm**      **Move to Delhi**

**Academic Course Director: Dr. Sanjeev P Sahn**